



STUDENT HANDBOOK

GRADE 7 IN 2018

IMPORTANT DATES TO REMEMBER!

2017

Wednesday 30 August

Grade 7 Open Night @ 7.00pm

Prospective students and their parents are encouraged to come along and gain important information about Ulverstone High School and to have an interactive tour of our school.

Friday 29 September

Expression of Interest Forms due in
(Included in your Information Pack)

Tuesday 6 December

Orientation/Sports Day

2018

Tuesday 6 February

Grade 7 attend 1.00pm – 1.30pm

More information will be provided in a letter after enrolments are finalised.

**WEDNESDAY 7 FEBRUARY SCHOOL
COMMENCES 8.45AM**

WELCOME TO ULVERSTONE HIGH

As you settle into life at Ulverstone High School, the first things you will notice will be the differences. The school is larger and more spread out than any of the primary schools in our local region and it will be unfamiliar to you. You may not know many students in Year 7 or many of the students in higher grades. Whilst you will spend a large part of your time with two teachers for your core subjects of English, Mathematics, History, and Science, you will have access to programs like Art, Music, Drama, Technology, LOTE and Physical Education. This will mean moving around the school, contact with other teachers and the opportunity to use specialist facilities and equipment. In the first few weeks it will also mean getting to know some new teachers.

These differences might distract you from how similar our schools really are.

- You will find staff just as helpful and concerned as your teachers were in primary school.
- You will have some people who you have told us were your friends in your previous class and you will be given the opportunity to get to know other people. We know that friendships are important.
- You will find that our rules are based on rights and responsibilities and the use of common sense.
- There are things to keep you busy and amused at lunch time. During lunch breaks our Sports Leaders and SRC organise activities for you to be involved with. The library has a range of board games for student use and activities are often run in the Student Centre.
- You will find that teachers expect you to do your very best in class and that the work

starts from where you finished at the end of Grade 6.

- Your parents are as welcome in our school as they were in your primary school and teachers will communicate with home regularly.

The things that are similar don't happen by accident. The most important things in education remain true whether you are in Prep or Year 12. These are things like the importance of your relationships with your teachers and friends, learning to solve your own problems, working without being supervised, showing care and concern for others and knowing that your learning will continue throughout your life.



Welcome to Ulverstone High School. Enjoy the differences and the more grown up school environment. Make a promise to yourself that you will involve yourself fully in your classroom learning and take the opportunity to be involved in the wide range of learning experiences our school will offer you. With every challenge that you are presented with, remind yourself of the motto "If it is to be, it is up to me".

Glen Lutwyche
Principal

ABOUT ULVERSTONE HIGH SCHOOL

Ulverstone High School continues to explore ways to transform learning for students from Grade 7–12 with a focus on personalising the learning pathways we offer our students. The student population has been stable over the last few years and is approximately 500 students. 2017 saw the inclusion of Year 11 and 12 students to our school and this has provided the opportunity for students to attend UHS from Grade 7-12.

At Ulverstone High School we have a teacher in charge of student support with a compliment of Teacher Assistants. The School also has a School Psychologist, Social Worker, School Nurse, Chaplain, Teacher of the Deaf and access to an Autism Consultant.

Our school motto is “Care, Create, Achieve”, all of which underpin our school’s values of Respect, Responsibility, Achievement, Creativity and Connectedness. Over the past few years we have implemented the Australian Curriculum to be at the forefront of pedagogies and resources.

During this year, our Year 11 and 12 space has been upgraded and is now a modern, well presented teaching space.

Student leadership and contribution to school life is a vital aspect of our school community. Examples of leadership roles include the Student Representative Council, Peer Support Leaders, Sports Leaders, Library Monitors and Canteen Assistants. Student views are sought on a range of matters relating to the school and its programs.

The school has a vision of developing excellence – in academic, in arts, in sport, in life beyond school and in relationships. High standards are expected of all within our school community. It has a commitment to the student, parent and teacher partnership.

The School Association has played a major part in the development of the School Plan. It oversees policies relating to budget and finance, site maintenance, and curriculum. Our parents and our School Association continue to strongly support the school, as does the local community.



THE GRADE 7 TEAM



Mr Matthew Deegan
Grade 7 Coordinator
matthew.deegan@education.tas.gov.au



Mr Glen Lutwyche
Principal
glen.lutwyche@education.tas.gov.au



Mr Shane Cleaver
Assistant Principal
shane.cleaver@education.tas.gov.au



Ms Fiona Paterson
Assistant Principal
fiona.paterson@education.tas.gov.au

SUPPORTING YOUR MOVE

Read what some of our current Grade 7 students have had to say about their high school experience so far and what actually happens throughout a school day:

What is different from high school compared to primary school?

High school has more subjects like MDT, Cooking, Sewing and I love when you have a different teacher for each subject.

In high school you get to do a lot more hands on stuff. The things we do in high school are a lot more related to real life and getting ready for a possible future career.

More opportunities, challenges and subjects.

You're treated like a young adult and the teachers expect you to get all your work done on time.

What has been the best experience you have had at Ulverstone High School?

Meeting new people from different schools and doing new subjects and now one of my best friends is a girl who I met at the start of the year.

The best experience for me would be all the different Science and Mathematics competitions available. It really gets you thinking about what you could do in further years.

Making new friends.

I have really enjoyed PE and Art, meeting new people and getting to know the school.

Have you participated in MDT as a subject? If so, what are some things that you have created?

In MDT I have made a tic-tac toe board and a trophy.

I participated in MDT where we have created a puzzle, a trophy, naughts and crosses and we are working on a key chain.

I like using all the tools in MDT and building up my confidence in Art with my creations.

What is your favourite subject?

ART, MDT, English and Cooking and Sewing to look forward to.

I like a lot of subjects (probably all of them) but my favourites would have to be Science, Maths, Art, Music and Physical Education.

Art and LOTE (French)

My favourite subject would have to be Maths, since I'm hooked on it.

Is Ulverstone High School Scary?

No, it's just like going to Primary School and it's just a bigger place and I have met great friends from the start from the year.

Not at all. At first I thought it would be scary because compared to other schools I have been to this one is really big and I thought I would get lost but I never did. In about a week I knew where every class was and the quickest way to get there. All the teachers are really nice and very helpful if you ever need a hand.

On the first day I was nervous but it's not scary and after the first day I wasn't nervous anymore.

No, Ulverstone High is a great school and very inclusive. At the start of Grade 7 I thought I would get lost and I was scared but turns out it is very easy to find places and there are peer leaders and teachers there to support you if you're lost.

THE DAY BEFORE SCHOOL STARTS

Grade 7 students are required to come to school the day before school starts and meet in the Multi-Purpose Area (at the front of the school). This one-hour session is to:

- Meet your class teacher
- Look around Ulverstone High School
- Become familiar with the first day's timetable
- Learn routines to make the start easier
- Calm the nerves!
- Ask any questions and sort out any concerns

NEW STUDENTS IN GRADES 8-12

New students in Grade 8-12 do not have an organised program like the Grade 7 students. However, they do meet their Grade Coordinator and have questions answered. Another student

who knows the school is given the role of looking after you while you learn to find your way around Ulverstone High School.

WHAT HAPPENS ON THE FIRST DAY?

At 8.45am all students gather for a short assembly in the Gymnasium to welcome Grade 7 students and new staff. Students move to rooms

with their teacher who passes on all general details and hands out timetables.

WHAT HAPPENS IF I AM ABSENT?

Parents/Guardians need to ring the school or provide a note to explain any absences. Parents/Guardians also receive text messages notifying them their child is absent. Absences of

four or more days will require a Medical Certificate. Please contact the Grade Supervisor or Class Teacher if you know a student will be away for an extended period of time.

WHAT IF I GET LOST?

Some people new to our school lose their way at first (even teachers) so don't worry. If this happens, ask a staff member, an older student or go to the Main Office. Teachers will understand for the first couple of weeks if you are late, but Grade 7's are usually quick learners!



DO I WEAR A UNIFORM?

Yes! Everyone is expected to wear uniform. It is cheaper for you and your parents and shows that you belong to the school and are proud to be part of it. You will quickly notice that we have a high standard of uniform at Ulverstone High School. Wear it with pride!

There are many options available for our school uniforms. All uniform items can be purchased from Maveric Clothing in Ulverstone. You can find out more information about the Ulverstone High School uniform in the Uniform Policy.

Some examples of the many uniform options currently available.



WILL I BE WITH FRIENDS?

Grade 6 teachers and the Grade 7 Coordinator, Mr Deegan, will have spent time working out class lists. Some parents have also made contact with your primary school or Ulverstone High School and made requests.

Students are able to nominate friends to be placed with in class. All these requests are

taken into consideration before we decide on classes. Classes are carefully created to provide students with the most supportive learning environment. Ulverstone High School is a friendly school and new friends are usually made very quickly.

SCHOOL TIMES

Home Group	8.50am to 9.00am
Period 1	9.00am to 9.45am
Period 2	9.45am to 10.30am
Recess	10.30am to 10.50am
Period 3	10.50am to 11.30am
Period 4	11.30am to 12.15pm
Period 5	12.15pm to 12.55pm
Lunch	12.55pm to 1.35pm
Period 6	1.35pm to 2.20pm
Period 7	2.20pm to 3.00pm

WHAT IS THERE TO DO AT LUNCHTIME?

We try to provide a wide range of options for all students during lunch-times. Here are just a few of the possibilities to make the most of your hard earned lunch break:

- The library is usually open during lunch - play a game of chess, read a book or use a computer.
- Our Sports Leaders organise rosters of sports activities that are held in the gym throughout the year.
- The Music Department is a hive of activity as students become accustomed to new instruments during some lunchtimes.
- You can meet up with friends in the Student Centre.
- You can make use of the sports area outside the Grade 7 classroom area.



WHAT WILL I LEARN ABOUT?

As a student at Ulverstone High School you will have access to a quality curriculum that has been developed in response to the Australian Curriculum.

Your week at High School will look similar to the following:

- 160 minutes Science
- 240 minutes Mathematics
- 240 minutes English,
- 160 minutes History and Geography
- 120 minutes Physical Education and Health
- 240 minutes The Arts (Art, Music, Drama)
- 160 minutes Materials, Design & Technology, Food Studies
- 80 minutes LOTE (Chinese or French)

Grade 7's have their own general classroom that they access regularly. Lockers are in the

classroom or just outside. Many Grade 7's have found that this has helped their ability to organise their day and have ownership of a classroom. Don't worry though, you still have the opportunity to work in specialist areas such as Science, Art, Drama, Music, Food Studies or Design in Wood.



WHAT ABOUT TEXT BOOKS & STATIONERY?

At the beginning of the year the school holds two days of book sales. Included in your levies is a stationery pack which will include everything you need for classes such as folders, exercise books, pens and pencils.

To reduce the costs to parents, Ulverstone High School has a Book Hire system which means that textbooks are on loan for the time students need them. This is managed through the school library. Students are also encouraged to access text books on their iPads. Records are kept so that we know who has been issued with a book and each book in a set has a separate number.



ICT AT ULVERSTONE HIGH SCHOOL

Ulverstone High School offers 1:1 devices to students. This program has been running successfully for the past six years. The device we have selected for students in Grade 7-10 to use is an Apple iPad. Grade 11-12 students are provided with Microsoft Surface Tablets. We are excited to continue this program for students who are joining us for Grade 7 in 2018.

Each student is responsible for their own device, having the ability to take it home and use it in all of their classes. Students are responsible for ensuring their iPad is charged and ready to be used each lesson.

Students and their parents will need to sign and accept two agreements, the first covering acceptable use of ICT at School and the second with more specific information relating to the loan of a school owned device. There is a hire fee that must be paid before devices are allocated. Students are responsible for all repair or replacement costs if their device is damaged.

All students have the ability to bring their own devices to school, as many current students do with laptops and other Wi-Fi enabled portable devices. Student-owned devices access a guest network that provides a filtered internet connection.

WHAT IS A LUNCH PASS?

If you will be going home regularly for lunch, a lunch pass can be arranged with parent permission. Please note lunch passes are for

going to your own home only, NOT to go down the main street. Students need to sign out at the Office when using their lunch pass.

CAN I BUY LUNCH?

The canteen is next to the Student Centre. It is open before school, recess and lunch, providing lunches, snacks and drinks. The current price list is included in this booklet. Weekly specials are advertised on the student notes. Prices are competitive with those in the town. Canteen profits are used to develop areas of the school. **Students are not permitted to leave the school grounds during recess or lunch breaks to buy food.**



WHAT ABOUT REPORTING AND ASSESSING?

All students at Ulverstone High receive a progress report close to the end of Term 1.

Full reports are written for all students during Term 2 and a summary report is provided at the end of Term 4. Reports are sent to parents, who are urged to contact staff if they have any questions regarding their child's progress. Conferences known as "Parent Teacher Nights"

are also held a few weeks after each report goes home, which involve the teacher, parent and student meeting together. We expect students to take increasing responsibility for their own learning at high school, making them more independent and capable during their adolescence. Parents are encouraged to make regular contact with teachers if they have any queries or concerns about academic progress.

HOW ARE BUSES ORGANISED?

School buses drop and collect students outside the Student Centre on the southern side of the school. Students may have to pay fares on some local buses. Student behaviour on buses must be reasonable and safe because of the dangers posed

to other students and road users. If students misuse their bus travel privilege, they may find that they cannot travel on that bus and parents will have to transport students to school.

WHAT ABOUT HOMEWORK?

Homework is an integral part of your learning. Students will be set homework by teachers where appropriate.

CAN MOBILE PHONES BE USED AT SCHOOL?

Please closely read the current Mobile Phone Policy which is included in the information pack. Mobile Phones should be switched off and in lockers during class time.



WHAT EXTRA CURRICULAR ACTIVITIES ARE AVAILABLE?

We offer a range of additional activities for students:

Academic

There are many programs to extend students academically. Students have the opportunity to participate in Science, English, Digital Technology and Mathematics Competitions. Students across all grades may be selected to represent our school at the UTAS Science Investigation Awards.

Music

We have rock bands, a vocal group, concert bands and other ensembles meeting at lunchtime and after school.

Arts

School Musicals and Community Concerts are held every alternative year. We hold Song and Dance Nights every year to showcase musical and dance talent. Our school has its own Art Gallery which has exhibitions throughout the year, showcasing student work.

Sporting

We participate in a large number of sporting rosters and students are encouraged to become involved with other students and adults associated with the school in this way. Sports include cricket, soccer, netball and football.

There is also the opportunity to compete in our Swimming, Athletic and Cross Country Carnivals. You may even be selected to participate in our Inter-High representative teams or join us in distance running events.

Community Service

The Student Representative Council (SRC) coordinates most of our community service. The school is also heavily involved in assisting the community with events such as Sports Expos and the Ulverstone Show. The school is developing a strong connection with the RSL to commemorate ANZAC Day and Vietnam Veteran's Memorial Day.

WHAT LEADERSHIP OPPORTUNITIES DOES THE SCHOOL PROVIDE?

During Term 4, Grade 7, 8, 9, 10 and 11 students are nominated for the following year's Student Representative Council. Staff and student votes in this election carry equal weight. The elected students then appoint their own executive of Co-Presidents, Secretaries and Treasurer's. The SRC is a symbol of how we encourage students

to be involved in their school and in decisions which affect their life at school.

Peer Leaders are selected from Grade 10 to work with the 2018 Grade 7 year group. This provides another supportive person in the transition to high school.

COMMUNICATION?

An electronic newsletter is published fortnightly. This is available to view on iPads, smart phone or personal computer. To receive the newsletter, you need to subscribe by clicking on the following link. Alternatively you can complete the form included in the information pack and our



office staff can subscribe for you. Please encourage your family and friends to do so.

Ulverstone High School also has a Facebook Page, Website and School App that are regularly updated with relevant information regarding our school.

<http://facebook.com/ulverstonehigh>
<http://ulverstonehs.schoolzinewslatters.com/subscribe>

STUDENT ID

Student identification cards are available from the office for \$5.00. These include your photo, date of birth, address and homeroom.

Canteen Menu Term 3 - 2017

HOT FOOD 8:30- 8:45am & RECESS

Egg & Bacon Muffin	\$2.50
Pancakes	\$2.00
Berries & Cream	
Lemon & Sugar	
Maple Syrup & Cream	
Sausage Rolls Chicken/Beef	\$2.50

HOT FOOD LUNCH

Pies Potato/Curried Chicken	\$4.00
Burger - Beef/Chicken/Vegetable Lentil	
With salad / Without	\$3.50 / \$3.00
Jacket Potato	\$4.00
Bolognaise & Cheese	
Coleslaw, sour cream, bacon & cheese	
Curried Chicken	
Lasagne Beef/Vegetable	\$4.00

Wrap/Roll/Sandwich

Meat & Cheese	\$3.00
Meat, Cheese & 2 Salad	\$3.50
Meat Cheese, Egg & 3 or more salad	\$4.00

Selections

Meat - chicken, ham
 Salad - lettuce/tomato/cucumber beetroot/
 capsicum/carrot/avocado
 Egg/cheese

SNACKS AND DRINKS

Slices/Biscuits/Muffins	\$1-\$2
Fresh Fruit	\$0.50
Frozen Yoghurt	\$2.00
Yoghurt	\$2.00
Icy Poles	\$1.50
Chips	\$2.00
Chocolate Bars	\$2.00
Liquorice	\$1.00

Hot and Cold Drinks

Juice	
Orange/Apple/Apple Blackcurrant	\$3.00
Water	\$2.00
Milk Shakes	\$2.00
Hot Drinks - Milo/Hot Chocolate	\$2.50